

Gleanings

THE OFFICIAL NUMBER ONE NEBRASKA POST-POLIO NEWSLETTER

SEPTEMBER

1986

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ST. PAUL AREA TO HOLD
NPSA MEETING SEPT. 28

Richard Hanisch, St. Paul physician, has been named area representative for NPSA's St. Paul area support group meetings.

Sunday, September 28 has been set as the date of their first meeting. It will be held at 2 p.m. at the Howard County Hospital.

Nancy Carter, NPSA State Coordinator, will speak at the meeting.

Come on out and help get this group off the ground!

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CHADRON MEETING FEATURES
STATE COORDINATOR'S TALK
by Cheryl Marchant

Nancy Carter, NPSA State Coordinator, will speak at the Chadron area support group meeting on Sunday, September 21, at 2 p.m., St. Patrick's Church in Chadron.

The late effects of polio will be discussed, and post-polio handouts will be available for everyone. Time will also be devoted to questions. See pg. 2, col. 1

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HAPPENINGS FUND-RAISER TO START SEPTEMBER 11

In the biggest fund-raising activity of the year so far, Omaha area NPSA members will begin selling HAPPENINGS coupon books to local residents on September 11.

Alice Hauck, committee chairman, is organizing sales at specific Bakers groceries for September 13 and 20. She will need lots of help with this project, so set aside some time on those days and give her a much-needed boost.

Alice is also urging individuals to canvass their work places, neighborhoods, and families for possible sales.

The success of this undertaking depends entirely upon your willingness to work for NPSA. If your life has

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MARCH OF DIMES, EASTER SEAL DISCUSS POLIO ROLES

At their August meeting, Omaha area support group members had a unique opportunity to talk with representatives of three service organizations in some way related to polio problems. It was a lively, informative ses-

been touched by our organization, if you want us to be able to carry out our goals for this year (see pg. 4) and continue to help others, then TAKE THIS PERSONALLY--get out there and sell as you've never sold before!

The more coupon books we sell, the larger is our per cent of the take! Advertising posters listing all the restaurants, theaters, video stores, cultural events, sports events, hotels, cleaning establishments, and other values in the book will be available at the September meeting.

Ask around. Sell these books for NPSA. Call Alice at 391-5373 or Nancy at 895-2475 for more information.

sion with many members pressing questions that were dear to their hearts.

Several members wondered why March of Dimes no longer helps people with See pg. 2, col. 2

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HASTINGS GROUP TO HOLD MEETING AT IMPERIAL MALL by Erma Ocker

The September meeting of the Hastings area support group will be held Monday, September 8 at 7 p.m. at the Community Room in the Imperial Mall, 12 & Marion Road, Hastings. Use the north door.

Mary Ann Wagner will speak on MASSAGE AND BODY MAINTENANCE. Deanna Ellis is program chairman for this meeting.

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HOLDREGE AREA MEETING TO HEAR KEARNEY DOCTOR by Delores Bray

Dr. Steven Bennett, Kearney podiatrist, will speak at the September 6 meeting of the NPSA Holdrege area support group.

Plan to attend--2:30 pm at Phelps Memorial Health Center.

A check to the state organization representing a lot of hard work in the Holdrege area's aluminum can fund-raiser has been received. This is a terrific project for NPSA, and we thank those involved for their dedication to the cause!

CHADRON--From pg 1, col 1 tions and answers.

We hope everyone will come so that Mrs. Carter can meet you and have a chance to talk with you. It's a long way to Chadron from Omaha!

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BOARD MEMBERS ELECTED, YEAR'S FINANCES VIEWED

The first annual meeting of the Nebraska Polio Survivors Association corporation was held August 3. Nancy Carter, Charles Mackenzie, Marcia Bredar, and Marlene Orton were elected to the Board of Directors.

The financial report (see pg. 3) was presented and discussed. The next annual meeting will be held the first Sunday in August, 1987.

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MARCH OF DIMES--From page 1, column 3

polio when it was founded and supported for so many years by the American public for that purpose. Cindy Hansen, representing March of Dimes, explained that the organization is no longer associated with polio, and instead is devoted entirely to research in birth defects. The local chapter, however, has helped NPSA by paying for printing of about five months' newsletters, folding them on their machine, and allowing us to make certain copies on their copy machine.

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SIMMONS BOOK NAMES EXERCISE FOR POLIO SURVIVORS

REACH FOR FITNESS by Richard Simmons, of TV exercises fame, contains a section for post-polio persons.

With Jacqueline Perry, M.D., of Rancho Los Ami-

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NPSA SPEAKER TELLS GROUP ABOUT EFFECTS OF POLIO

Marcia Bredar, NPSA Board of Directors secretary, will speak at the August 26 meeting of Lincoln's Make Today Count organization, a coping group for the seriously ill and their families.

As a member of NPSA's Speaker's Bureau, Marcia will talk about the late effects of polio and about our organization.

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MARCH OF DIMES--From page 1, column 3

Leticia Simmons, representing Easter Seal, said that her group does give specific kinds of assistance to disabled individuals, and expressed an interest in helping some of our members and in co-funding some of NPSA's up-coming projects.

The Governor's Committee to Hire the Handicapped was represented by Ed Griffith, who said the Committee is planning an awareness program for corporations, and referred persons needing jobs to Job Service.

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SIMMONS BOOK NAMES EXERCISE FOR POLIO SURVIVORS

gos at Downey, CA, and Richard Daggett of their local polio association as consultants, Simmons briefly describes the late effects of polio and suggests DO's and DON'T's for exercisers.

NEBRASKA POLIO SURVIVORS ASSOCIATION

FINANCIAL REPORT

August 1, 1985 to July 31, 1986

Balance Forward	\$ 74.81
Income*	<u>6760.35</u>
Total in----	\$6835.16

*All income is in the form of contributions from the public. This includes unsolicited donations and money earned in fund-raising projects. We have received no government money. We depend upon contributions from individuals to continue the operation of this organization. We are a 501 (c)(3) non-profit organization. All contributions to our organization are legal income tax deductions.

EXPENSES

Photo copies-----	\$ 888.13
Postage-----	1341.24
Post Office box rental fee-----	22.00
Bulk Mailing Permit-----	50.00
Imprint Permit fee-----	50.00
Long distance telephone tolls-----	1074.26
Office expenses-----	201.97
Film processing for GLEANINGS-----	49.68
Special support group expenses-----	40.29
Purchase of HAPPENINGS 1985 fund-raising coupon books--	2040.00
Travel-----	75.08
Membership, Gazette International Networking Inst.-----	5.00
Legal fees-----	<u>98.35</u>
Total out-----	\$5936.00

Current balance-----\$889.16

This does not even begin to represent what it took to operate this organization in the past year. Many non-cash donations in the form of photo copies, printing, supplies, use of equipment, travel, and other essentials saw us through what we could not pay for ourselves. And thousands of hours of volunteer help kept us afloat. Our State Coordinator works full time for this organization. Our Treasurer puts in many days' work every month. Our area representatives and their committees, our news-letter staff, our computer person, and many other caring friends. All are volunteers. For this we are thankful. Without it we could not have functioned this year.

