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PRIZE FOR GENERATING SALES THROUGH CALLS GOES TO KASS

And the winner is...Gloria Kass, our #1 Caller, getting others to say they'd sell 121 Pleasure Pacs. Right on Gloria's tail with 97 books is another go-getter, Mary Katherine Helget. Close behind are Florence Maxwell (75 books) and Robert Ludacka (54 books).

The Callers are the folks who get us off and running on sales, contacting our other members and asking them to help us make this a successful campaign by selling as many Pleasure Pac coupon books for us as they can.

Other callers this year are Kayla Howard, Dee Kravchuk, Alice Weseen, Maryann Rutten, Judy Kellerman, Merne Rohlf, Nina Mackenzie, Ann Hawkins, Marie Galda, Peggy Nolan, Donald Hook, Marcia Bredar, Barb Pieper, and Lilybeck Goodsell.

They're all winners, in our book!

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MOVING?

Please send us your change of address if you are moving. NPSA must spend a lot of money every year to keep from sending GLEANINGS to garbage cans--since this is where they end up if we don't have an address for you.

Help us out. The Post Office will provide you with change of address postcards--send us one.

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EXPO II BIG SUCCESS

Hats off to those who represented NPSA at our Expo II booth at the Crossroads September 17! They did a super job getting the post-polio message out to the public at the remodeled mall.

Thanks to Hortense Wilkinson, Bob Ludacka, Gwen Rowe, Jim Carter, Penny Jewel, Georgia Whiteaker, Marcia Bredar, Joan Lehnhoff, Judy Kellerman, and Delores Brown. These folks gave a chunk of their weekend to help NPSA with this important work.

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ARE YOU TELLING ALL?

Remember to tell your doctor you had polio. It's hard to make a proper diagnosis without all the facts.

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ON SWALLOWING

"You can assist swallowing, particularly of the polio type, by upward pressure on the under part of your tongue [pushing with your hand on the outside, front of the neck] as you try to swallow, assuming that you don't have a neck that is so bent forward by paralysis (so-called swan neck) that you're pushing all of the parts of the breathing muscles anteriorly up against the glottis."

William Spencer, M.D.

Pres., TIRR, Texas Medical Center, and Chairman, Dept. of Rehab., Baylor College of Medicine

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ON CHANGE

"It is not just the muscles; it is not just the nerves; it is not just the pattern of mechanics--it is all of these things put together plus who you are, what you are, and what you do that has to be part of the chemistry of change. Some of it takes a long time. People who do not hurt are very reluctant to accept more assistance. But eventually, by contact with peers like yourselves, {they} realize that maybe paying that whole price of having to climb that mountain partially again is worth it if it means a longer life in which you are in charge."

William Spencer, M.D.

Pres., TIRR, Texas Medical Center, and Chairman, Dept. of Rehab., Baylor College of Medicine

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We must accept finite disappointment, but we must never lose infinite hope.

Martin Luther King, Jr.

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MEETING IN GRAND ISLAND FEATURES GOODWILL DIRECTOR

Sid Cook, Director of Goodwill Industries, will lead NPSA's Grand Island Area Support Group meeting September 25. He will discuss new programs in his organization and how they might relate to NPSA.

Come to St. Francis Hospital's O'Brien Center, 2 P.M., for a great NPSA afternoon.

