

Gleanings

THE OFFICIAL NUMBER ONE NEBRASKA POST-POLIO NEWSLETTER

MAY

1986

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BOOK OFFERS HELP GETTING S.S. DISABILITY BENEFITS

An excellent softcover book entitled SOCIAL SECURITY DISABILITY BENEFITS: HOW TO GET THEM! HOW TO KEEP THEM! is being offered through assistance from Family Circle magazine.

The book, written by former U.S. Congressional Aide James Ross, gives important details on making the application, exactly what to do
See page 2 column 1

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STATE COORDINATOR TO HOLDREGE MEETING MAY 17

Nancy Carter, State Coordinator for NPSA, is scheduled to speak at a May 17 special meeting of the Holdrege area support group to be held at 2:30 p.m. at the Phelps County Agricultural Center.

She will talk about what's happening with Post-Polio Syndrome today, what our state organization is doing for you, and where we stand nationally. There will be a question and answer period, and recent materials will be offered
See page 3 column 3

DOUBLE HELP IN RIVER CITY

ANDY'S SHOE REPAIR

Andy Di Mauro is a busy fellow. As a shoe repairman extraordinaire, he hears from people from miles around who want him to work his magic on their shoes. At a time when many of us had begun to believe that making the special modifications we need on our shoes was a lost art, NPSA member Linda Buscher introduces us to Andy, who has corrected her shoes for years.

If you take in the sleeve (the metal piece the brace fits into) Andy can put it in the heel of your shoe. If the heel is not solid, he can usually replace it so the sleeve can be inserted. He can also put it in hard crepe or gum crepe heels. He does lifts, changes arches, and works with many other special problems.

"I have to see how the shoe is constructed before I know for sure what I can do," says Andy. "I can do anything to a shoe within reason. I'm not going to make the shoe, but I'll work
See page 3 column 3

CORBALEY FAMILY SHOES

Lew Corbaley's family has been in the shoe business since 1918. Lew himself sold his first pair of shoes 50 years ago in his dad's Benson store. He remembers well his first customer, a milkman for an independent dairy, whose son still comes to Corbaley's. He remembers because people are important to Lew Corbaley.
See page 2 column 2



LEW CORBALEY

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LINCOLN GROUP TO HEAR SLEEP CENTER SUPERVISOR by Helen Cranford

On May 31 George Dungan, Supervisor of the Sleep Physiology Center at Lincoln General Hospital, will speak at the Lincoln area support group meeting on SLEEP DISTURBANCE. This will include sleep apnea and respiratory problems and various methods of coping with sleep disturbances. Since many polio survivors have trouble sleeping, this should be of great interest.

The meeting is at the American Lutheran Church 42nd and Vine at 2 p.m. Hope to see many more new faces there!

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WALKER MEMORIAL HELPS STATE POLIO ORGANIZATION

Lyle and Virginia Walker Omaha area support group members, and John and Mary Jane Taxis of Sandwich, Illinois, made a much-appreciated donation to the NPSA treasury in memory of their mother who passed away February 24 at age 87.

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DISABILITY--from pgl c.1 if you are turned down, and how to prepare for your hearing.

To order the 104-page book (which won an award from the National Organization for the Disabled for helping disabled Americans win disability cases) send \$9.95 to James Ross, Route 3, Dept. FC, Slippery Rock, PA 16057.

NPSA MEMBER LARRY BERGIN DIES IN LINCOLN AT 54

Larry Bergin, 54, Lincoln area support group member, died March 31 at Lincoln General Hospital after a short illness.

Larry and his wife Lois have been boosters of the NPSA from its beginning, and were instrumental in starting the Lincoln area group.

Larry took an active role as a greeter at the meetings, and also made a mean cup of coffee for members to enjoy in fellowship. We will miss him and the dedication and enthusiasm he brought to our organization.

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CORBALEY--from page 1, column 3

The store's slogan suggests another reason why Lew's CORBALEY FAMILY SHOES is important to many handicapped persons: "We Would Rather Miss a Sale Than Miss a Fit."

To get that fit, Corbaley's carries many shoes clear down to children's sizes. They deal with companies that, for a \$15 service charge, provide mismatched shoes, split sizes for those whose feet are not the same size. When a shoe company won't mismatch, Corbaley's will sell you the two pairs you need for the cost of 1 1/2 pairs, just barely breaking even themselves.

A certified pedorthist, Lew can fill prescriptions for special fit

Lois can be reached at 872 Elmwood, Lincoln 68510.

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ORTHOPEdic REUNION SLATED FOR LATE OCTOBER

NPSA member Ken Renquist is organizing a reunion of former patients of the Lincoln Orthopedic Hospital for the last week in October, to be held in conjunction with the Lincoln Orthopedic Staff Reunion.

Anyone interested can reach Ken at 45 Edison Ave., York, NE 68567.

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and modifications in shoes. "We work closely with orthopedics people," says Lew. "If shoes won't work for a brace or if the doctor doesn't approve, we take them back and try again."

Even for ordinary sales, Corbaley's carefully trains their 15 salespersons. "Our people actually sit down and wait on you," says Lew. "We measure your feet and do the whole thing. We might go so far as to let you pick our the style you want," he jokes, "but we think the fitting is up to us. We don't just ask you your size and hope it fits."

Corbaley Family Shoes is at The Crossroads, 72nd & Dodge, Omaha, NE 68114 393-1212.

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GABY'S GLIMMERINGS

by Cynthia Gabrielli Haag

HOLDREGE--from pgl col.1

Before I joined NPSA, I had been having a great deal of difficulties. I had been unable to cope with some big changes in my life. After having struggled to get my life under control for several years, I finally sought counseling. I had always considered myself quite resilient and like a ball would bounce back from almost any down point. But I simply was not bouncing back this time. My doctor had said it was stress and nerves. I felt it was more than that.

breakdown and I unknowingly was causing it through my overexertion and stress.

for those who have not had the opportunity to get them before.

Today, I have a new life style that is happier and easier on my body, thus easier on my emotions.

Members are encouraged to bring their families and friends and to invite the health professionals who are working with them.

Terry, my counselor, spent a lot of time with me and eventually agreed that my problems were not simply all emotional. One day she ran across an article about post-polio and a group that was starting. Terry felt certain that this was the explanation.

I feel a deep obligation to help others now as this organization has helped me. What I do is only a small something, but if each of us would do a small something, this organization could help thousands.

Let's have a terrific turn-out for this so that Nancy can meet and talk with you all!

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I went to our first meeting in October 1984. I was really a mess at the time. Emotionally I was coming apart. Physically I was deteriorating. Through NPSA I found the reasons for many of my problems and some solutions. Nancy Carter held me together through the rest of my contract year on the job and through NPSA's help I began to make some tough decisions and prepared to redesign my life. I believe it was NPSA that saved my life. I was heading for a

We do not live in a vacuum. We need others. I needed help, got it, and now I have a strong burden for all the others needing help. My small something added to your small something might be able to move the many mountains in our way.

ANDY'S--from pg. 1 col.2 on it and try to find a way to get the job done. There are a lot of different methods I can use." After 35 years' experience in his own shop, he should know.

JOURNAL ARTICLES STILL AVAILABLE--NOW COST \$2

Due to overwhelming demand for the free copies of the nine post-polio articles from ORTHOPEDIC Journal, they were all quickly dispatched to NPSA members (and hopefully are now in the hands of their doctors!)

Andy gave up life as an accountant to apprentice in his uncle's shoe shop. "I wanted to work with my hands," he says. He learned his craft by watching others, experts who had gained a worldwide reputation for creating shoes for the famous and making special repairs for the handicapped.

However, we have had more copies made, and can send them to you if you will advance \$2 to cover costs of copying and mailing. Send to Nebraska Polio Survivors Association, P.O. Box 37139, Omaha, NE 68137.

Andy still enjoys his work and the variety of people he sees every day. "You got to love the public," he says. "If someone is upset I go in the back, get a drink of water, and say, 'Well, Lord, help them out.'"

Andy's Shoe Repair is at 3435 South 42nd Street, Omaha, NE 68105, 558-1030.

