

Gleanings

THE OFFICIAL NUMBER ONE NEBRASKA POST-POLIO NEWSLETTER

MARCH

1988

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POLIO WORKSHOP

JUNE 3-5 IN ST. LOUIS

Once again, the Gazette International Networking Institute and the International Polio Network will sponsor the Support Group Leaders Workshop in St. Louis.

Mark your calendars for June 3-5, and meet hundreds of other polio survivors at the Sheraton St. Louis for three days of inspiration and information.

Everyone is invited, so double up with a friend to cut expenses, and learn what's happening on the cutting edge of polio groups throughout the USA.

If you can go, write GINI, 4502 Maryland Avenue, St. Louis, MO 63108 for details.

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PATIENTS' RIGHTS ENCOURAGE ASKING OF MANY QUESTIONS

Often some of us have found ourselves intimidated by doctors and others in the medical community. Many of us were brought up to believe that physicians are GOD,

See pg 2, col 3

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OVER 60? UNMC MAY HAVE A PROGRAM FOR YOU

Jerry Ciocon, M.D., of the University of Nebraska Medical Center's Section of Geriatrics and Gerontology, is asking for NPSA's assistance.

If you are age 60 or older, you can help him get the information he needs in order to discover whether post-polio is a significant problem among persons in that age bracket. If it is, a program will be developed to work with polio survivors in UNMC's new rehabilitation center.

"Expansion at UNMC will see a rehabilitation center in the building now housing NPI," says Ciocon. "We may be in

operation by the end of this year.

"We will be responding to the needs of the people we work with in Geriatrics, who are older adults. We would like to know if a major emphasis should be placed on post-polio treatment."

Ciocon has developed a questionnaire for NPSA members over 60 that is printed on page 5. You can help by completing the form and mailing it back to NPSA today--just tear it off, fold it and tape it shut, place a 22-cent stamp on the front, and drop it in your mailbox.

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RAMSEY SPEAKS IN GRAND ISLAND

Grand Island Area Publicity Chairman, Lorraine Harders, announces that Norma Ramsey of Kearney will speak at their February 28 meeting concerning handicap accommodations. Norma has done an outstanding job of emphasizing the necessity for improving accessibility in Nebraska.

You'll want to hear her. Be there at 2 p.m. at the St. Francis Medical Center.



DR. JERRY CIOCON

ARE YOU OVER AGE 60?

If you are age 60 or over, please answer the following questions to help the University of Nebraska Medical Center to know if post-polio is a prevalent and important problem among older adults. If it is, Geriatrics will include a program for polio survivors in their new rehabilitation center.

Please complete this form:

Your age now _____ Age at initial attack of polio _____

Initial involvement (paralysis when you first had polio) Please check ✓

_____ left arm _____ left leg _____ trunk

_____ right arm _____ right leg _____ neck/face

Were you in a breathing machine when you first had polio? Please check ✓

_____ Yes _____ No

Residual involvement (paralysis left after initial improvement) Please check ✓

_____ left arm _____ left leg _____ trunk

_____ right arm _____ right leg _____ neck/face

Are you having new symptoms? (If so, please check ✓ which)

_____ new muscle weakness Where? _____

_____ muscle and/or joint pain Where? _____

_____ easily fatigued _____ respiratory problems

Other (describe) _____

How long have you had these new problems? _____

Do you still walk without assistance? _____ Yes _____ No

Do you need a cane/crutches to walk? _____ Yes _____ No

Do you use a wheelchair/cart? _____ Yes _____ No

Thank you for answering these questions. **PLEASE MAIL THEM BACK TO US TODAY!**
Just tear off this sheet, fold it with the address on the other side showing, tape it shut, place a 22-cent stamp on the front, and stick it in the mailbox.

-----fold here-----

Place 22¢
stamp here

To: Nebraska Polio Survivors Association
P.O. Box 37139
Omaha, Ne 68137

-----fold here-----

