

# Gleanings

THE OFFICIAL NUMBER ONE NEBRASKA POST-POLIO NEWSLETTER

FEBRUARY

1989

## More Polio Update '89

It has been the dream of NPSA since we began -- to bring to Nebraska the best polio doctors in the world for you and your health care professionals to hear, see, and talk with. Now we are doing it.

And we are doing everything possible to entice you to be there. For you, as polio survivors, and your family members, we are setting the registration fee as low as possible so that you will come.

The \$15 fee is only a token. NPSA is subsidizing the rest -- your lunch, coffee breaks, parking at the Red Lion, handouts, and your share of the speakers' expenses. We are finding sponsors. In addition, many NPSA members have worked hard sell-

ing cookbooks, coupon books, having bake sales and garage sales, collecting aluminum cans, and participating in other fund raisings so that we can make this day affordable for everyone.

This is what NPSA is doing for you. Now what you can do for NPSA (and ultimately for yourselves) is to register today. Give us your promise that you will be there April 1.

### YOUR DOCTOR

For the medical support community, UNMC has been engaged to offer AMA Category I Continuing Education Credits at this conference. However, continuing education is not mandatory for many doctors in Nebraska, and experience in other

states suggests to us that not many doctors will show up. These are busy people with many things to do, places to go. They are barged with brochures offering courses. They may never even see ours. Therefore we urge you to invite your doctors to come. Let him know that it is important to you that he be there. Every doctor in the state will receive a brochure and registration form early in February. So will every PT, OT, speech therapist, and brace maker. Do what you can to get them to read it.

Please show NPSA your support. Register today and encourage your medical support team to be there.

**Urge your Doctors  
to Attend  
Polio Update '89**

**See Registration  
Form on Page 3**

**See Speaker  
Biographies  
on Page 2**

# POLIO UPDATE '89

## All-Star Lineup

**AGUSTA ALBA, M.D.** is Deputy Director for Rehabilitation Medicine at the NYU Medical Center Goldwater Memorial Hospital in New York City. Dr. Alba received her M.D. degree from the Cornell University Medical School

and has done post graduate training at Johns Hopkins University, Brooklyn Hospital, and New York University. She has held scientific and education positions for New York University Medical Center, the National Institute



Agusta Alba, M.D.

for Rehabilitation Engineering, the United States Public Health Service, the New Jersey Crippled Children's Commission, the National ALS Foundation, Long Island University and various other institutions and associations. Dr. Alba is the author of over 50 publications.

**NEIL R. CASHMAN, M.D.** is an Associate Member of the McGill University, Department of Microbiology and Immunology in Montreal, Quebec, Canada. Dr. Cashman received his M.D. degree from the University of Massachusetts Medical School and has done post graduate training at Children's Hospital of San Francisco, Necker Hospital in Paris, and the University of Chicago. He has held academic and Hospital appointments at the University of Chicago, Mount Sinai Medi-



Neil Cashman, M.D.

cal Center, McGill University, and Royal Victoria Hospital in Montreal. Dr. Cashman is the author of 30 publications.

**SYBIL J. KOHL, CSW-ACP, ACSW** is a private practice clinical social worker in Houston, Texas, specializing in catastrophic injury, chronic illness, consultation and continuing education. Ms. Kohl received her M.S.W. degree from New York University and is a certified social worker in New York, Georgia and Texas. She has had over 20 years experience in the areas of mental retardation and developmental disabilities. Ms. Kohl has made numerous presentations in the United States and Canada.

**JACQUELIN PERRY, M.D.** is Professor of Orthopedics at the University of Southern California School of Medicine. Dr. Perry received her M.D. degree from the University of California and has done post graduate training at Children's Hospital in San Francisco and the University of California. She has held professional and academic positions with numerous academic, medical and armed forces institutions and associations. Dr. Perry is the author of 141 publications and has made presentations world wide.

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Sybil Kohl, C.S.W.

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Jacquelin Perry, M.D.

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REGISTRATION FORM  
**NEBRASKA POLIO SURVIVORS ASSOCIATION - POLIO UPDATE '89**

APRIL 1, 1989  
 (8 A.M. TO 5 P.M.)

NAME \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_

DEGREE OR PROFESSION \_\_\_\_\_ SPECIALITY \_\_\_\_\_ HOME PHONE \_\_\_\_\_ OFFICE PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

ALUMNUS OF UNMC?  FACULTY OR STAFF OF UNMC?

ALUMNUS OF CREIGHTON?  FACULTY OR STAFF OF CREIGHTON?

- I AM A POLIO SURVIVOR
- I AM A RELATIVE/FRIEND OF A POLIO SURVIVOR
- I WILL BE DRIVING A VAN TO THE CONFERENCE
- I WILL BE USING A WHEELCHAIR AT THE CONFERENCE
- I WILL NEED AN ELECTRICAL OUTLET DURING THE CONFERENCE

Enclosed is my check or money order made payable to UNMC, Continuing Education, in the amount of:  
 (Please check the appropriate space)

\_\_\_\_\_ \$75 Health Professional (Each)      \_\_\_\_\_ \$15 Polio Survivor or Family Member (Each)

Payment:

\_\_\_\_\_ Check or money order payable to UNMC, Continuing Education, enclosed.

\_\_\_\_\_ Charge to my: \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa: Card Number: \_\_\_\_\_

Good Thru  Amount Charged \$

Signature: \_\_\_\_\_  
 (required on charge request only)

Return to: Center for Continuing Education, University of Nebraska Medical Center, 42nd Street and Dewey Avenue, Omaha, Nebraska 68105-1065, (402) 559-4152. TO REGISTER BY PHONE, CALL (402) 559-4523 or use our toll-free MED CONSULT NUMBERS AND ASK FOR CONTINUING EDUCATION. In Nebraska (800) 642-1095. All other states (except Alaska), call (800) 228-9630.

Do Not Write Below This Line

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**SIEGEL VIDEO AT  
LINCOLN**

by Arleen Curtis

The Lincoln Area NPSA Support Group will meet February 12 at 2 P.M. at the American Lutheran Church Library (back parking lot), 4200 Vine Street. We will view a 30 minute video tape of Dr. Bernie Siegel and discuss how to talk to your doctor! Since our relationship with the doctor is a major concern, it should prove of interest. There will be time for socializing. See you there.

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

**WEIGHT CONTROL  
TO BE TOPIC**

Judy Bradford, Hastings Area Representative, reports that the February 12 meeting of the NPSA Hastings Area Support Group will see a video regarding weight control and exercise for polio survivors. The video was made at the last International Polio Conference. Come to the Community room at Imperial Mall at 2 P.M. We look forward to seeing you at this meeting. Bring your friends and family.

**Director Nancy  
Carter is still  
sick. We hope  
for a more  
complete March  
CLEANINGS.**

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

**LODGING INFORMATION FOR POLIO UPDATE '89**

A block of rooms has been reserved at the Red Lion Inn, 1616 Dodge Street in Omaha. Reservations may be made by calling (402)

346-7600 or (800) 547-8010. Single occupancy/\$63 - Double occupancy/\$73. Special parking information will be sent to each preregis-

trant. Be sure to mark special need boxes on registration form.

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

**NOTICE NOTICE NOTICE**

The February 4 meeting of the Omaha NPSA support group will feature a prize winning video, "Tell Them I'm a Mermaid." This video has been recommended by a number of handicap organizations. Come to the IBM building, north door, 450 Regency Parkway at 2 P.M. Bring all your friends and enjoy this afternoon with us.

Nancy B. Carter  
Nebraska Polio Survivors Assoc.  
P.O. BOX 37139  
Omaha, NE 68137  
(402) 895-2475

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